Offshore Special Regulations

OSR 6.05 Medical Training

A submission from FFVoile

Purpose or Objective

To have the same percentage for the Medical Training OSR 6.05 than for the Offshore Personal Survival Training Course OSR 6.01

Proposal

6.05.1 At least two members of the crew shall have a valid STCW 95 A-VI/4-2 (Proficiency in Medical Care) certificate or equivalent

6.05.2 In addition to 6.05.1 another member of the crew

At least 30% but not fewer than two members of a crew, including the skipper and/or the members above in 6.05.1,

shall have a first aid certificate completed within the last five years meeting any of the following requirements:

i) A certificate listed on the ISAF website www.sailing.org/specialregs of MNA recognised courses

ii) STCW 95 First Aid Training complying with A-VI/1-3 – In Elementary First Aid or higher STCW level

6.05.3 same

6.05.4 same

Current Position

6.05.1 At least one member of the crew shall have a valid STCW 95 A-VI/4-2 (Proficiency in Medical Care) certificate or equivalent

6.05.2 In addition to 6.05.1 another member of the crew

At least two members of the crew

At least one member of the crew

Shall have a first aid certificate completed within the last five years meeting any of the following requirements:

i) A certificate listed on the ISAF website www.sailing.org/specialregs of MNA recognised courses

ii) STCW 95 First Aid Training complying with A-VI/1-3 – Elementary First Aid or higher STCW level

6.05.3 same

6.05.4 same
Reasons

1. Taking care of common injuries and illnesses, as well as taking charge of immediate medical actions at a major incident is part of sea survival.

2. Being in good health is a main condition of sea survival, for a happy outcome. The knowledge of the sea survival techniques and basic medical care are linked.

3. In 2003, first aid was included in the sea survival courses, and now, there is no reason to require a different quota for a crew to have the sea survival certificate on one side, and medical first aid certificates on the other side.

4. For races category 0, the proposal is two members being in possession of high level medical training certificate, and all other members the first aid certificate (same quota than in 6.01.2). That is the current requirement for the Volvo Ocean Race.

5. In the current rule, races category 2, only one person is required to undertake the first aid training course. It means that on a Fastnet Race, for example, with 20 crews on board, only one crew can be in charge of medical care. If this crew is injured, the whole crew can be in trouble. It’s better to determine the number of persons in charge as a percentage.

6. To have the same percentage of crew having the sea survival certificate and the medical certificate allows training centres to organise three days training courses, with two days for the survival items and one for the medical items. It’s easier for the sailors.

7. The competitors will have the possibility to pass two certifications with the same duration.

8. To be trained to first aid is always useful, including in the personal and family life ashore; It is also the role of our sport to encourage people to be trained to first aid.